

**Holy Communion Liturgy**  
**Lent, Year A**  
**Based on the Psalms**

INVITATION

Christ invites all to his table;  
This table helps us to strive for authenticity in all aspects of our lives,  
And it helps us to seek to live in peace with each other and our communities.  
Therefore, let us confess our sin before God and one another.

CONFESSION AND PARDON

**Merciful God,**  
**we confess that we have not loved you with our whole heart.**  
**We have failed to be an obedient church.**  
**We have not done your will,**  
**we have broken your law,**  
**we have rebelled against your love,**  
**we have not loved our neighbors,**  
**and we have not heard the cry of the needy.**  
**Forgive us, we pray.**  
**Free us for joyful obedience,**  
**through Jesus Christ our Lord. Amen.**

*All pray in silence*

Hear the good news:  
Christ has walked as we have walked, has died as we will die, and yet he still brings us to new life;  
That proves God's love toward us.  
In the name of Jesus Christ, you are forgiven!

**In the name of Jesus Christ, we are forgiven!**  
**Glory to God. Amen.**

THE GREAT THANKSGIVING

The Lord be with you.  
**And also with you.**  
Lift up your hearts. *The pastor may lift hands and keep them raised.*  
**We lift them up to the Lord.**  
Let us give thanks to the Lord our God.  
**It is right to give our thanks and praise.**

It is right, and a good and joyful thing, always and everywhere to give thanks to you, O God: Creator, Redeemer, and Sustainer.

Out of chaos you bring order and care.

You breathe life into our weary lungs.

Even from our depths, you remain steadfast.

You love us not despite of but regardless.

And so, with your people on earth and all the company of heaven we praise your name and join their unending hymn:

**Holy, holy, holy Lord, God of power and might,  
heaven and earth are full of your glory.**

**Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord.**

**Hosanna in the highest.**

Holy are you, and blessed is your son Jesus Christ, who redeems us all.

He welcomed those deemed strangers, and he challenged the status quo. He delivered, fed, and cared for those whom society ignored.

On the night in which he gave himself up for us,  
he took bread, gave thanks to you, broke the bread,  
gave it to his disciples, and said:

"Take, eat; this is my body which is given for you.

Do this in remembrance of me."

When the supper was over, he took the cup,  
gave thanks to you, gave it to his disciples, and said:

"Drink from this, all of you;

this is my blood of the new covenant,

poured out for you and for many

for the forgiveness of sins.

Do this, as often as you drink it,

in remembrance of me."

And so,

in remembrance of these your mighty acts in Jesus Christ,

we offer ourselves in praise and thanksgiving

as a holy and living sacrifice,

in union with Christ's offering for us,

as we proclaim the mystery of faith.

Pour out your Holy Spirit on us gathered here,

and on these gifts of bread and wine.

Make them be for us the body and blood of Christ,  
that we may be for the world the body of Christ,  
redeemed by his blood.

By your Spirit make us one with Christ,  
one with each other,  
and one in ministry to all the world,  
until Christ comes in final victory  
and we feast at his heavenly banquet.

Through your Son Jesus Christ,  
with the Holy Spirit in your holy Church,  
all honor and glory is yours, almighty Father,  
now and forever. **Amen.**