

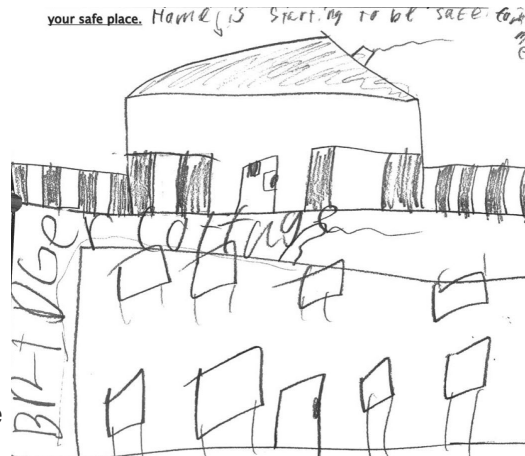
Stacey's Safe Place



One of our cottage therapists gave an assignment to one of the children in her care. She asked young Stacey to draw a picture of her "safe space." This was potentially a very difficult assignment for Stacey, as she had endured a significant amount of adversity and relational turbulence in her life. However, after a year of Intermountain's intensive residential care focusing on building healthier relationships, Stacey's therapist felt she was ready to engage the assignment with hope

rather than fear. Stacey's safe space was defined as anywhere she felt protected, calm, and happy.

Stacey returned to her next session with her therapist, having drawn a picture of her residential cottage. She included a note with her drawing that said, "Home is starting to be a safe space for me." Stacey's challenge, in the time she remains in Intermountain's care, is to transfer the skills she has learned in her cottage to her home. For now, her "safe space" is in the care of the amazing and dedicated cottage staff at Intermountain, and this care and safety has cultivated the hope within her young heart that she can return home and feel safe there, as well.



Intermountain's transformative approach of meeting a child where they are—developmentally and relationally—and through sound clinical work and consistent, empathetic responses to difficult behaviors show children and their families that hope and healing is possible. Stacey, and thousands like her, have found their "safe space" because of the work of Intermountain. Thank you for supporting our mission of healing through healthy relationships.

For more information, or to support this life-changing work, call Chris at 457-4850

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