

The following letter is from a parent who has been assisted through Intermountain's Day Treatment Program:

Our family was in chaos when we came to Intermountain. We thought we would just drop Sara off and be done with it. Boy were we wrong. Right away we were calling for help. Using home visits as a lifeline to sanity and going to parent's group and therapy. Although I hated groups and therapy, I stuck with it and now can't get enough of both.

I have truly changed on a personal level in all areas of my life. I now have my daughter back as a teenager and life is looking brighter and brighter. Thank you all so much for everything.

Sincerely, A 'Good Enough' Parent.



When you support Intermountain through your personal giving, your church, or your civic organization, you help families like this one in their moment of crisis. You help break the cycle of hurt and misunderstanding and make healing and hope possible.

The following letter is from a parent who has been assisted through Intermountain's Day Treatment Program:

Our family was in chaos when we came to Intermountain. We thought we would just drop Sara off and be done with it. Boy were we wrong. Right away we were calling for help. Using home visits as a lifeline to sanity and going to parent's group and therapy. Although I hated groups and therapy, I stuck with it and now can't get enough of both.

I have truly changed on a personal level in all areas of my life. I now have my daughter back as a teenager and life is looking brighter and brighter. Thank you all so much for everything.

Sincerely, A 'Good Enough' Parent.



When you support Intermountain through your personal giving, your church, or your civic organization, you help families like this one in their moment of crisis. You help break the cycle of hurt and misunderstanding and make healing and hope possible.